



North Hampshire Road Club



NORTH HAMPSHIRE ROAD CLUB.

North Hampshire Road Club 18 Miles Time Trial.

For and on behalf of Cycling Time Trials under their rules and regulations.

30th March 2019

Time of Start 14:02

Event Secretary:

Phill Marsden, 27 St Anne Gardens, Basingstoke, Hants, RG24 9QE tel 0778099189

Email: Phillmarsden@gmail.com

Timekeepers:

Don Ashton, Farnborough & Camberley,

Maggie Smith, North Hants

Headquarters:

Headquarters are open at 12.30pm

North Waltham Primary School

Church Road

North Waltham

Basingstoke

RG25 2BL

Prize List

Overall	Vets on Standard	1 st Lady	1 st Road Bike
1 £40.00	1 £30.00	1 £25.00	£10
2 £35.00	2 £20.00		
3 £25.00	3 £10.00		

DC Regulations.

Riders' numbers shall be issued from the event headquarters.

Riders are reminded they are now required to also sign out failing to do so will result in disqualification.

No vehicles, except those of the timekeepers', shall be parked at the start or finish.



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Advisory Notes

- Helmets – any competitor under the age of 18 years and/or juniors must wear a properly affixed helmet which must be of hard/soft shell construction. Helmets should conform to a recognised Standard such as SNELL B95, AUS/NZS 2063:96, DIN 33-954, CPSC OR EN 1078. Cycling Time Trials strongly recommends ALL competitors to wear such a helmet
- Competitors machines – It is recommended that a working rear light, either flashing or constant, is fitted to the machine in a position clearly visible to following road users and is active whilst the machine is in use.

Directions - <http://www.northwaltham.hants.sch.uk/Contact-Us/>

There is a car park at the Primary School. If you have to park in the village, please park carefully. We don't want any upset residents in this small village.

Please note that it is about 1 mile (downhill) to the start. Please allow time to get to the start and be careful of the A30, it will be busy. I am sorry to say there will be 1 mile uphill on the way back to the headquarters! There will be homemade cakes and hot drinks after the events!

Any money raised from the refreshments will be going to the Hampshire & Isle of Wight Air Ambulance.

The Course

Start at large layby on right before Wheatsheaf Public House, North Waltham, (OS Landranger Sheet 185 GR572457). Please see attached link for course map - <https://www.nhrc.co.uk/en/time-trials/course-descriptions/> . There will be marshals and signs around the course but please take note of the course map.

Start on the A30 at the Western end of the lay-by, at power pole 288, 700 yards East of the junction A33/A303 near the "Wheatsheaf" at Dummer Proceed to the junction of the A33/A303 where continue on A33 towards Winchester for approx 6 1/2 miles to the junction on left signposted "Northington 3 1/4, The Candovers at 'Lunways Inn'" Turn left (M1) and continue to pass the Northington sign and follow signposted direction to "The Candovers", ignoring right turn to "Northington Only", to descend (care) to the junction with the B3046 at the "Woolpack Inn" Turn left (M2) onto the B3046 and proceed via the Candovers to the crossroads at Axford signposted "North Waltham 3 3/4 miles" Turn left (M3) at the foot of Axford Hill and continue for a further 2 3/4 miles to finish near the brow of the hill, at the manhole cover by field gate, just short of the Motorway bridge where finish

All breaches of Local Regulations shall be reported in writing to the London West District Secretary.

The order of start shall be arranged according to a method that prevents accompanied riding in any type A event with more than 30 riders. Details of the recommended method can be obtained from the District Secretary.

In addition to the main body number, competitors on solo machines must prominently display a number on a fluorescent or reflective background of not less than 8x8cm. This smaller number shall be positioned on the left upper arm so as to be clearly visible from the front when in the normal riding position. In tandem events the front rider shall wear the arm number as described above.



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North Waltham Primary School

No bicycles to be taken into the school.

Shoes with plates or cleats that could damage the floor to be removed before entering the school.